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Team Update...

This past summer, LIFE, Inc. has been granted the pleasure of working with a group of skilled, motivated, and dedicated individuals. A few of our volunteers are: Ms. Tuyen Luu joined the team in early June with a passion for customer service. Tuyen is the cheerful administrative office assistant for the Crabbs Branch Office. She believes that with great customer service and teamwork, more and more individuals would be able to have an enjoyable experience. Mr. Greg Johnson, has the passion for writing. It's seen best through his work. He is currently working on multiple grants in hopes of being able to get funding for L.I.F.E. Inc.

Mr. Oscar Escalante joined the team at the end of June on the marketing team. Sadly, our dear friend Oscar, must part with L.I.F.E. Inc. early as he is about to embark on his new journey; higher education. Congratulations on becoming a fellow TERP at the University of Maryland, Shady Grove! Oscar will be pursuing his degree in Marketing with the Roberts School of Business! And so, we of L.I.F.E. Inc. wish Oscar "GOOD LUCK ON YOUR STUDIES"!

Community News...

Anonymous Angel's Tip for Resume Writing in 2019!!

What's the "In" for Resume writing tips? Looking for a job but don't know where to start? New or returning to the hunt? No problem, an Angel has you covered. Just like a horoscope, Anonymous Angel's will release a tip per newsletter. By the end, you should be able to create a storm full of resumes.

Tip: #1 –The journey begins

Look for the keywords in the job postings.

- a. A lot of job descriptions have a listed post of what the position covers, use this to your advantage and weave your resume around that.

This is also the perfect chance for you to write a cover letter "telling a story about you". Be sure to include certain tasks that have relevancy with the job description! It's easy not to pay attention and not tailor the resume to the job because it's tedious, but that's the first sign of NO. By not tailoring or using keywords provided, you're showing that you're not sincere enough with your job hunt. You also show the job that you did your research and you have an idea of what you "signed" up for. It's all for you to get that foot in the door for your first interview! Hope this tip works for you and see you in the next edition! Happy Hunting!



Program Highlights & Upcoming Events ...

We're back... At the start of this summer the women's empowerment group/ program had been re-energized to provide a platform for women impacted by disability to increase life skills, enhance opportunities to network, and develop confidence to take control of one's life. So far this year, there have been four successful sessions with more to come. Each in which the participants voice their opinions in the further development and activities of the group. The first meeting focused on gathering data from the participants on their likes, dislikes, and what they would like to see occur during sessions. From this discussion it was determined that the program would take place on a monthly basis. During this meeting, a participant was discussing that they wanted to learn more about healthy eating and possibly becoming vegan. Therefore, the second meeting was held at Naked Lunch for an informative meeting with a nutritionist as the guest speaker. Participants were thrilled to enjoy a healthy, appetizing, all-vegan meal while listening to guest speaker; Xonna Clark.

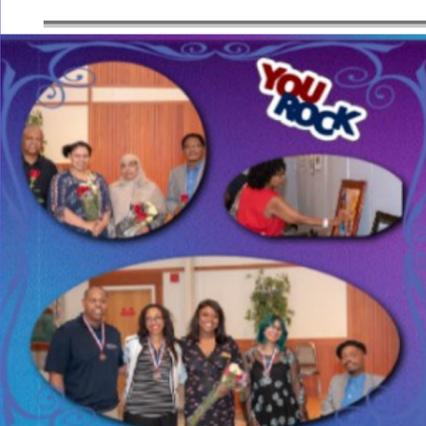
Ms. Clark brought to the table the topic of "Eating for health". she shared her knowledge on basic health necessities and healthy alternative food options. The participants then had a very productive question and answer session. The Manager of MOMs, Elijah Gateless, introduced the company's vision, explained the company's approach towards sustainable food, and how this is beneficial for the overall health. As a farewell, each of the participants were presented with a store gift card from MOMs. Wrapping up the successful event, the participants voiced their next interest; treasuring the "self". Of which, the themes for November and December are all about self-love, relaxation, and expression. From spa retreats to learning to cook, our Women's Empowerment Group has several more events planned out for the rest of the year! You may find more information about upcoming sessions/events on our [Event/Programs](#) page.

We are very proud to announce new advancements are being developed toward our first Accessible Computer Lab program. The goal of this particular program is to offer a unique twist in the advancement of technology services offered to individuals impacted by disability. Most individuals think of an assessable computer lab as a hub to offer easily reached hardware for those with disabilities. What LIFE, Inc. aims to offer is to not only make the hardware and other technical devices barrier free, but to also offer various software programs which supplement various impairments. We want to hear from you! In order to make sure that your experience is a meaningful one.



Take a moment to complete our [survey...](#)

Please take a moment to [click the link below](#) the icon above, to inform us of the tools and resources needed to make a successful computer lab. Our program subcommittee will evaluate the results of this survey at the end of the month.



We are happy to announce that during the month of April 2020 LIFE, Inc. will host its fourth Annual Artists Showcase.

With this year's event will be located within Montgomery County, Maryland. We will continue to have a artists showcase and sale their works. Our aim is to once again have a reception, which will highlight chosen artists at the event. If you are an artist, or would like to encourage artists to submit their works for this year's event, please click the following link. This link will give you more details on the submission date, application, notification process, and how to prepare works being submitted. Good luck!

Partner News...

The Archdiocese of Washington Department of Special Needs Ministries works with Catholic parishes, community partners, and faith base ministries to support people living with disabilities, persons who are Deaf (including campus ministry with students at Gallaudet University- the only liberal arts university for the Deaf community in the world), people living with mental illness, and returning veterans to connect and be fully included into the life of their Church.

We are located at the Pope Francis Center in Landover Hills MD along with Hispanic Community Resources, Office of Youth Ministry and the Catholic Youth Organization (CYO). We have hosted groups here at the Pope Francis Center such as the Columbia Lighthouse for the Blind and the women's empowerment group facilitated by L.I.F.E. For more information visit our webpage: <https://adw.org/living-the-faith/special-needs/>

Contributions...

On behalf of LIFE, Inc., we would like to thank our sponsors; LIFE, Inc. is able to continue to assist individuals in our community who are impacted by a disability, through the contributions of our donors. Every donation goes a long way, in helping us to achieve our goals step by step. Not only would we like to express our heartfelt thank you to our sponsors, but we would like to thank those who have taken the time to support us in our fundraising efforts. In August 2019, we were honored to be selected to hold a successful fundraiser at FIVE GUY burgers and fries.

This fall, we will host several additional fundraisers. All monetary donations will go to the four pillars and supplies to make the goals a reality. If you like to join us please contact us at the number listed below. Lastly, LIFE, Inc. has embarked on a campaign via [CROWDRISE](#). Please click on this link to contribute monetarily to the efforts of LIFE, Inc., or you can go to our [donor/ fundraising](#) page located on the LIFE, Inc. website. Your generosity is greatly needed and is very much

Thank You...

LIFE's Team

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